

# Nail Aftercare

We take every care in the salon to ensure that your new nails will last but it's important that you look after them between appointments too.

If any adverse reaction occurs: rash, redness, inflammation of any kind around the nails please contact your GP immediately.



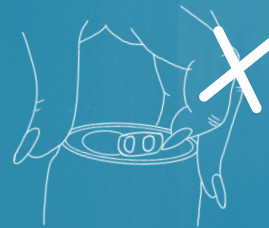
Avoid hot moisture for 24 hours  
(e.g. from a hot shower or hot tub)



Wear Gloves whenever cleaning,  
especially when doing the dishes and  
interacting with harsh chemicals, Tints &  
Dyes



Wash hands immediately after swimming  
to remove chlorine, which can weaken  
nails



Do not use your nails as a tool, for  
example when opening a soda can.  
**Tip:** use the side of your finger to open  
things.



Apply a cuticle oil daily, it's beneficial for  
nail growth & hydration



Schedule regular follow-up  
appointments to maintain nails



Please consider scheduling an  
appointment for a safe removal.



Please **do not** pick, tear, cut or file off  
your gels to avoid any damage to nail  
plate